Some of the services we offer:

Urgent Services Same day visits Colds and flu

Pain Asthma

Cuts and scrapes: Burns and rashes Headaches and migraines Broken bones

Sprains and strains

Nosebleeds

Physicals Sports

School **Employment**

Medicare Wellness **Annual Wellness**

Complete Lab Testing

Rapid strep/flu Glucose Protime STD testing Cholesterol Drug Screening

Nutrition and Wellness

Metabolic Testing Diabetic counseling Nutrition counseling Medi Spa

Radiology Services

On-site Radiologist

X-ray Bone density Biopsies Ultrasound **Light Therapy**

Pediatric Medicine

Wellness exams **Immunizations** Acute Illnesses

Esthetic Medicine

Permanent makeup Scar camouflage

Facial peels Microderm

Spider vein therapy

Occupation Medicine

On-the-job injuries Drug screens DOT testing

Physical Therapy

Back, Neck, Joint pain Sports Injury

Post-surgical therapy Pediatric & Geriatric conditions

Urinary incontinence

Parkinson's Balance

Decrease risk of falls

Massage

Cancer Screening

Mammogram Colonoscopies Lab testing

Skin cancer screening

Biopsies

Prostate screening Lung Cancer screening

Addiction Medicine

Suboxone Therapy **Smoking Cessation** Weight Control

Immunizations and Allergy Injections

Pediatric vaccines

Tetanus

Hepatitis A and B

Gardasil Influenza

Cardiovascular Testing

Stress tests EKG Holter Monitor Ultrasound Echocardiogram

Foot Care

Plantar fasciitis Nail trimming Nerve testing

Women's

Medicine/Reproductive Health Hormone replacement therapy Urinary incontinence

STD testing

Pregnancy testing; Birth control

Mammograms Vasectomies **Lactation Consultant** Gynecology



St Johns Location

989-224-3000

1005 S U.S. 27. Suite 100

St Johns, MI 48879

Carson City Location

989-584-3153

10673 E Carson City Rd Carson City, MI 48811

East Lansing Location

517-333-3550

2025 Abbot Rd # 100

East Lansing, MI 48823

Greenville Location

616-225-8707

123 E Cass St

Greenville, MI 48838

Howell Location

517-618-0672

4185 E Grand River Ave

Howell, MI, 48843

Website:

ClintonCountyMedicalCenter.com

Phone: 989-224-3000

CCMC Hours

Monday-Friday 8:00 am until 5:00pm

On-Call Physician available after hours

Ouch Urgent Care Hours-

St Johns 989-224-6897

Monday-Sunday

8:00 am until Midnight Hours may vary depending on location



Dr. Andrew W. Messenger, D.O., P.C.

Dr. Lars P. Andersen, Jr. D.O., P.C.

Dr. Taylor Thelen, D.O., P.

Dr. David Minnick, D.O.

Dr. S. Thomas Ferguson, D.O.

Dr. Roger Annis, M.D.

Dr. Jacob Monestersky, D. O.

Bryanna Weber, P.A.-C, RD

Justin Morris, P.A.-C.

Danielle Martinez, N.P.

Amber Sprague-Rice, N.P.

Alexandra Theis, N.P.

Lisa Ferguson, N.P. Dawn Martin, N.P.

Samantha Price, N.P.

Kara Wilbert, PA-C

Eva Michals, PA-C

Sarah Zielinski, PA-C

Aimee Seaman, N.P.



A Patient-Centered **Medical Home**



Welcome to your medical home!

Patient-centered is a way of saying that you, the patient, are the most important person in the healthcare system. You are at the center of your health care. A medical home is an approach to providing total health care. With your medical home, you will join a team of medical professionals led by a personal physician to coordinate care and identify medical and community resources to meet your needs.

At Clinton County Medical Center, we believe that a medical home should be a trusting partnership between a doctor-led health care team and an informed patient. This includes an agreement between the doctor and the patient that acknowledges the role of each in a total health care program.

Helping You Make The Right Choices

We trust you, our patient, to respect us as partners in your health care and to keep us informed about:

- Your current health problems and any changes in your condition
- Any concerns you may have
- All of your prescriptions, including those from other physicians
- Your current insurance benefits
- Your current address and phone number

As part of our patient-centered medical home orientation, we will ask you to acknowledge your agreement to the above and we will do the same for you. Our goal is to provide excellent care for you and your family.

We function as a physician-led team to help you set health and wellness goals and make a plan for your success:

- Care Management services are available to advocate for your health
- Care Managers work with you to help achieve your health goals

We will continue to:

 Provide you with a competent health care team that understand the needs of you and your family
Respect you individuality and your privacy
Be available to you 24 hours/day, 7 days/week

What can you do to help?

1. Be an active team player

- Talk with your team about your health questions. Share the successes and the challenges you've had with health care in the past.
- Tell your team about other health care professionals who care for you.
- Tell your team how you feel about the care you are receiving from them.

2. Take care of your health

- Follow the health care plan you and your team have worked out. Make sure you understand how to follow the plan.
- Set goals you can reach. Once you begin to see results, you and your team can discuss adding new goals.

3. Talk openly with your team

- If you are having trouble sticking with your care plan, tell your team about it.
- If you feel your care plan is not working, speak up.

4. Bring the following to each appointment

- Insurance card
- Co-pay
- Drivers license
- Medications

The information contained in this publication is designed to answer questions frequently asked by our patients. We want to familiarize you with our policies and methods of practice. Our team of skilled medical professionals will be pleased to answer any questions you may have.

Forms

To ensure accuracy, forms that you present to be filled out by the doctor, (eg: sports, physicals, workers compensation), must be completed in your presence. Please schedule a time with us to help you complete your forms.

Referrals

Depending on your insurance, our referral department may schedule your visit to see a specialist or have a MRI/CT scan performed. Information regarding the appointment will be mailed to you or sent to your patient portal, unless it is urgent. Please do not call requesting information about your referral unless it has been longer than 7 days.

Prescriptions

We do not refill prescriptions over the phone. We believe in making sure that each medicine you take is exactly right for you and your unique situation. Please make an appointment with your provider for an appointment when you are in need of a refill.

Test results

For your convenience, most lab tests and diagnostic studies are performed on-site at CCMC. Your results will be made available to you through your online patient portal. Please note that we handle a large volume of phone calls and we ask that you call only if you have not heard from us more than 14 days after the tests were performed.