

Employment Services

- Michigan Works: 989-224-2000,
www.michiganworks.org

Sharps Collection Programs

- Clinton County/Granger Landfill Sharps Collection
- County: 989-224-5186
- Granger: 888-9-GRANGER

Practice Hours

Monday

7:00 am – 7:00 pm

Tuesday – Friday

7:00 am – 5:00 pm

Saturday

8:00 am – 12:00 pm

We can typically accommodate same day appointment requests.

Mental Health

- Community Mental Health: 989-224-6729
Provides mental health services for residents of Clinton County.
- Clinton County Medical Center, Psychological Services: 989-224-3000

Grief and Loss

- Clinton Home Hospice – Sparrow Hospice Services: 888-636-8236
- Grief Share: www.griefshare.org
- Great Lakes Caring Hospice: 989-224-4700
- Ele's Place: 517-482-1315

1005 S U.S. 27, Suite 100
St. Johns, MI 48879
Ph: 989-224-3000
Fax: 989-668-0423
www.ClintonCountyMedicalCenter.com



CCMC

Clinton County Medical Center

Community
Resource Guide



Patient Centered Medical Home

2-1-1

Central Michigan

www.centralmichigan211.org

- Run by the United Way, this service provides information about and referrals to programs in your area.

Poison Control

1-800-222-1222

Exercise and Fitness

- Clinton County Senior Center: 989-224-4257
- Sparrow Clinton Fitness Center: 989-224-1575
- Snap Fitness: 989-227-8000
- Aqua Therapy, St. Johns Schools: 989-227-4050
- Fleet Feet, Running and Walking Club, Congregational Church, St. Johns 989-224-2636

Weight Management

- CCMC Weight Loss Programs: 989-224-3000
- Weight Watchers: www.weightwatchers.com Congregational Church, St. Johns: 989-224-2636
- Christ United Church, DeWitt: 517-669-9309
- K&G Wellness, Owosso: 989-723-9355
- TOPS: 269-685-8945
- First United Methodist Church, St. Johns
- Community Christian Church, St. Johns
- Seventh Day Adventist Church, St. Johns
- CURVES: Lake Lansing Rd., E. Lansing 517-332-9611

Nutrition

- WIC, Clinton County: 989-224-2195 (Food assistance for pregnant women/children up to 5 yr)
- Breastfeeding support: 989-224-2195
- MSU Extension: 989-224-5240
- Clinton County Meals on Wheels: 989-224-3600

Smoking Cessation

- Michigan Quit Line: 1-800-480-7848

Chronic Disease

- P.A.T.H. Workshop: 517-699-1864

Monthly Food Distribution

- Capital Area Community Services: 989-224-6702
- Bath Community Center: 989-227-3396
- Knight of Columbus, St. Johns: 989-224-1225
- Elsie United Methodist Church: 989-862-5239
- Mount Hope Church: 989-227-5366
- Redeemer United Methodist Church: 517-669-3430
- Catholic Community St. Jude: 517-669-5882

Capital Area Community Services (CACS) 989-224-6702

- Homeless services, tax prep, home weatherization, migrant services, food distribution and emergency assistance.

Clothing and Baby Items

- Baby Pantry: 989-224-2636
- St. Vincent DePaul: 989-224-8852
- Beacon of Hope: 989-224-0328
- Seventh Day Adventist Church Mission: 989-224-7779
- Goodwill Industries: 517-669-2914
- Lakeside Chapel: 989-227-5366
- Mt. Hope Family Church – Coat Closet

Transportation

- Clinton Area Transit and Care A Van: 989-224-8127
- CATA/Spec-Tran (Lansing): 517-394-2282

Domestic and Sexual Violence Services

- SafeCenter: 877-952-7283

Housing/Rent Assistance

- DHS: 989-224-5500
- Salvation Army: 517-484-4424
- Capital Area Community Services: 989-224-6702
- St. Vincent DePaul: 989-224-8994
- MSHDA: 517-669-9706

Medicaid/MI Child/DHS 989-224-5500

- Food and rent assistance, medical coverage, family support (has income limits)

Dental

- Michigan Community Dental Clinic: 877-313-6232

Home Health Agencies

- Great Lakes Home Health: 989-224-4700
- Sparrow Home Health: 800-968-0680
- McLaren Home Health: 866-323-5974

Vision

- Eye Care America: 1-877-887-6327
- Provides referrals to doctors who will perform free or low cost eye exams and surgery to qualified individuals over 65 years.
- Lions Club International: <http://www.lionsclubs.org> Distributes glasses to those in need
- InfantSEE: www.infantsee.org

Child Services

- Early Head Start: 989-224-1368
- For pregnant women and children birth to 3 years Head Start: 989-224-6731
- Preschool education program for children 3 to 5
- Preschool/Child Care: 887-614-7328 www.greatstartconnect.org: Online database to search for licensed child care
- Clinton County RESA: 989-224-6831
- Early on, preschool development screening, great parents great start
- Great Start Readiness Preschool Program: 517-285-4776, Free State funded preschool program for children who qualify.

Women's Health

- Breast and Cervical Cancer Program, Clinton County Health Department: 989-227-3118 Offers FREE mammograms, breast exams, PAP Smears, pelvic exams to women ages 40-64 w/no insurance coverage or Medicaid/Medicare

Elder-Care

- Tri-County Office on Aging: 800-405-9141 www.tcoa.org
- Clinton County Meals on Wheels: 989-224-3600
- Capital Area Community Services: 989-224-6702
- Right at Home: 517-999-7132